Health Standards Overview

Please access the Health Education Content Standards for California public schools at <http://www.cde.ca.gov/ci/he/he/index.asp> and click on the link.   
  
Answer the following questions:  
  
1. What is the purpose of the Health Standards?

2. What are the eight areas that serve as the overarching content standards? Which standard do you feel is the most important for students to master and why?

3. What are the six content areas of Health Standards?

4. Select one grade level K-5, 7th/8th or High School and explain how you might infuse three separate Health Sub-Standards (ex.1.1 A: Explain why medicines are used) into daily lessons and curriculum from other subject areas. Provide the sub-standard you have selected, the other subject area you will infuse the sub-standard with (i.e. language arts, science, etc.) and a one paragraph description of the lesson idea.

1.

2.

3.