Access the following website for information provided by the Surgeon General on Physical Activity and Health. Please go to the Fact Sheets on Adolescents and Young Adults and browse the site for additional information.
<http://www.cdc.gov/nccdphp/sgr/sgr.htm>

The President's Challenge Information:

<http://www.presidentschallenge.org/educators/program_details/physical_fitness_test.aspx>

National Health Education Standards: <http://www.cdc.gov/HealthyYouth/SHER/standards/index.htm>

JAMA Article: Prevalence of High Body Mass Index in US and Adolescents, 2007-2008

<http://jama.ama-assn.org/cgi/content/full/303/3/242?ijkey=ImvVL7s53Zyps&keytype=ref&siteid=amajnls>

In April 2005, a new Food Pyramid was developed. Please explore <http://www.mypyramid.gov/> for more information and a comparison with the "old" Food Pyramid, dietary guidelines and height/weight guidelines.

DC: Morbitity and Mortality Weekly Report-Suicide
<http://www.cdc.gov/mmwr/PDF/wk/mm5322.pdf>

CDC: Reducing Tobacco Use
<http://www.cdc.gov/mmwr/PDF/RR/RR4916.pdf>

National Institute of Drug Abuse
<http://www.nida.nih.gov/>

Browse the Parent/Teacher Section

Follow the link to the following article:
"Methamphetamine Use" <http://www.drugabuse.gov/pdf/infofacts/Methamphetamine09.pdf>

Teen Abuse of the Painkiller Oxycontin on the Rise

<http://www.npr.org/templates/story/story.php?storyId=5061674>

In 2008, California created California Health Standards. Please address one health standard in your lesson plan assignment. <http://www.cde.ca.gov/be/st/ss/>

California Healthy Kids Website-School Health Laws
[http://californiahealthykids.org](http://californiahealthykids.org/)

Federal Trade Commission- Search for Consumer Protection:
[http://www.ftc.gov](http://www.ftc.gov/)

The following is a link to The Search Institute. Click on Developmental Assets on the right hand side of the page:
<http://www.search-institute.org/>

Pediatrics Article: School-related Issues Among HIV Infected Children

<http://pediatrics.aappublications.org/cgi/content/full/100/1/e8>

Head Lice Resources:

<http://www.headlice.org>

<http://www.cdc.gov/lice/>