**Syllabus  
Advanced Study of Health Education**  
  
**Instructor:** Dr. Tamerin A. Capellino

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Please visit my website for more information on your instructor.

**Instructor Availability:**

If you need immediate assistance, please email me at [tcapellino@verizon.net](mailto:tcapellino@verizon.net). Your email will go straight to my phone where I can respond ASAP.

**Required Text: None**

**Please become familiar with the newly adopted California Health Standards:**

<http://www.cde.ca.gov/be/ag/ag/yr08/documents/mar08item11.doc>

**Course Number:** Edu. X 351.03  
  
**Number of Units:** 3.0  
  
  
**Description:** Advanced study of the knowledge and skills for delivery of a comprehensive health education program in public schools. Review of current policy, curriculum, instructional strategies and resources available to support students' physical, cognitive, emotional and social well-being. Practical ideas to use in implementing the goals of the state adopted curriculum are presented. Topics addressed include personal and family health, communicable diseases, nutrition, the mental, physiological and sociological effects of alcohol and substance abuse, legal issues affecting health education, school safety, accident and violence prevention and health factors that impact student learning.   
  
**Expected Learning Outcomes/Objectives:**  
  
Upon completion of this course participants will:  
  
1. Understand how to incorporate health issues into the curriculum  
2. Become aware of health resources in the community  
3. Understand legal reporting procedures for health issues.  
4. Know how student health and nutritional issues can impact student learning.  
  
**Topics:**  
1. Review of Current Adopted State Curriculum and How to Use Instructional Materials within the context of Teaching Assignments  
2. Intervention and Prevention Strategies for Improving Classroom Management and Learning  
3. How Major Federal and State Laws Affect Health Education  
4. The Relationship Between Student Health and Student Learning  
5. Personal Health  
6. Mental and Health Resources Available to Assist Students and Families   
7. Family Health  
8. Nutritional Issues that Affect Students  
9. Mental-Emotional Health Issues  
10. Diseases and Disorders that Affect Students' Health  
11. Strategies for the Classroom and School Site  
12. Health Resources Available In Local Communities  
  
**ASSIGNMENTS (may include)**  
  
Health Laws Assignment  
Integrated Health Lesson Plan  
Community Health Resources Assignment  
School Health Index (SHI) Assignment  
Discussion /Participation

Quick Writes

**GRADING SCALE**  
93-100=A  
90-92= A-   
87-89= B+  
83-86= B  
80-82= B-  
77-79= C+  
73-76= C  
70-72= C-  
67-69= D+  
63-66= D  
60-62= D-  
0-59= F  
  
**Grade Posting:**  
  
UCR Extension requests instructors submit course grades within 2 working weeks after the last class. After the instructor grades are submitted, UCR Extension will send the student a grade report. The instructor is required to submit ALL student grades at one time. Incompletes will seldom be granted and will follow UCR Extension and instructor policy as stated within the syllabus.